

ITEM #:76012
BLOUNT SOUPS

Case UPC: 00077958760126
 Item UPC: N/A



[REFRIGERATED]

Organic Coconut Lentil Soup

Green and red lentils simmered in a broth of creamy coconut milk blended with a savory vegetable stock and select spices.

**VEGETARIAN - VEGAN - GLUTEN FREE -
 DAIRY FREE - HIGH FIBER - HALAL**

Nutrition Facts

Serving size	8 oz (227g)
Amount per serving	
Calories	190
	<small>% Daily Value*</small>
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 670mg	29%
Total Carbohydrate 28g	10%
Dietary Fiber 8g	29%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3.4mg	20%
Potassium 360mg	8%

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Vegetables* (Carrots*, Tomatoes*, Onions*, Potatoes*, Garlic*), Sea Salt, Dextrose*, Cane Sugar*, Canola Oil*, Spices*, Turmeric*]), Water, Lentils*, Onions*, Coconut Milk* (Water, Coconut*), Carrots*, Spinach*, Contains 2% or less of: Garlic*, Corn Starch*, Canola Oil*, Curry Powder* (Spices*, Turmeric*), Lemon Juice*, Cultured Dextrose*, Sea Salt and Spices*.

*Organic Ingredient

CONTAINS: Coconut.



*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Case Configuration:

Case Pack: 4/4lb bags
 Net Weight: 16 lb
 Gross Weight: 17.5 lb
 Case Cube: 0.32

Pallet Information

HI/TL: 4/18
 Cases per Pallet: 72

Dimensions

Length: 12.20"
 Width: 7.30"
 Height: 6.20"

