

ITEM #:76012  
**BLOUNT SOUPS**

Case UPC: 00077958760126  
 Item UPC: N/A



[REFRIGERATED]

# Organic Coconut Lentil Soup

Green and red lentils simmered in a broth of creamy coconut milk blended with a savory vegetable stock and select spices.

**VEGETARIAN - VEGAN - GLUTEN FREE - DAIRY FREE**

## Nutrition Facts

**Serving size** 8 oz (227g)

**Amount per serving**

**Calories** 190

% Daily Value\*

**Total Fat** 4.5g 6%

Saturated Fat 2.5g 13%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 670mg 29%

**Total Carbohydrate** 28g 10%

Dietary Fiber 8g 29%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 10g

Vitamin D 0mcg 0% • Calcium 60mg 4%

Iron 3.4mg 20% • Potassium 360mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Vegetable Stock\* (Water, Vegetable Base\* [Vegetables\* (Carrots\*, Tomatoes\*, Onions\*, Potatoes\*, Garlic\*), Sea Salt, Dextrose\*, Cane Sugar\*, Canola Oil\*, Spices\*, Turmeric\*]), Water, Lentils\*, Onions\*, Coconut Milk\* (Water, Coconut\*), Carrots\*, Spinach\*, Contains 2% or less of: Garlic\*, Corn Starch\*, Canola Oil\*, Curry Powder\* (Spices\*, Turmeric\*), Lemon Juice\*, Cultured Dextrose\*, Sea Salt and Spices\*.

\*Organic Ingredient

**CONTAINS:** Coconut.

Please always refer to the official Product Specification for complete product details.

### Case Configuration:

Case Pack: 4/4lb bags

Net Weight: 16 lb

Gross Weight: 17.5 lb

Case Cube: 0.39

### Pallet Information

HI/TI: 4/18

Cases per Pallet: 72

### Dimensions

Length: 13.20"

Width: 7.90"

Height: 6.40"

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