

ITEM #:81603
BLOUNT FINE FOODS

ITEM UPC: 077958816038
CASE UPC: 10077958816035

[Blount Fine Foods - Blount Organic]

Organic Ancient Grain Minestrone

Classic minestrone flavor with an ancient twist; a hearty medley of farro, quinoa, and barley.



VEGAN

[RETAIL CUPS]

Nutrition Facts

Serving Size 1 cup (245g)
Servings Per Container about 6

Amount Per Serving

Calories 130 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 650mg **27%**

Total Carbohydrate 25g **8%**

Dietary Fiber 4g **16%**

Sugars 6g

Protein 5g

Vitamin A 50% • Vitamin C 20%

Calcium 4% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Vegetables* (Carrots*, Tomatoes*, Onions*, Potatoes*, Garlic*), Sea Salt, Dextrose*, Cane Sugar*, Canola Oil*, Spices*, Turmeric*]), Tomatoes* (Tomatoes*, Tomato Puree*, Naturally Derived Citric Acid), Onions*, Carrots*, Kidney Beans* (Kidney Beans*, Water, Sea Salt, Kombu Seaweed), Farro*, Chick Peas*, Mushrooms*, Green Beans*, Contains 2% or less of: Pearled Barley*, Quinoa*, Garlic*, Corn Starch*, Water, Sugar*, Canola Oil*, Red Wine Vinegar*, Basil*, Parsley*, Sea Salt, Cultured Dextrose* and Spices*.

CONTAINS: Wheat.

*Organic Ingredients

Pack Size: 6/16oz Cups

HI-TI: 9/15

Gross Weight: 7.03 lbs

Net Weight: 6 lbs

Cube: 0.28

LxWxH: 12.81 x 8.63 x 4.38"

Cases/Pallet: 90

Blount Fine Foods 630 Currant Road Fall River, MA 02720
Text or Call 800.274.2526 • www.blountfinefoods.com

