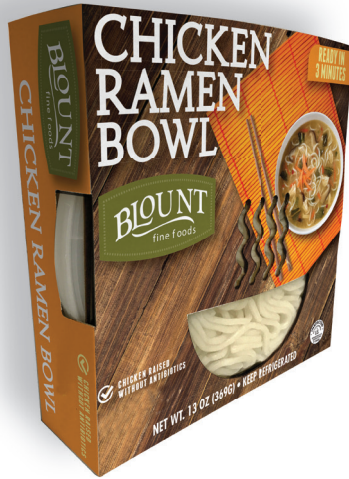


ITEM #:31303
BLOUNT FINE FOODS

ITEM UPC: 0-77958-31303-2
 CASE UPC: 100-77958-31303-9



[Blount Fine Foods]
Chicken Ramen Bowl

A comforting bowl of ramen noodles, chicken meat and vegetables in a flavorful chicken broth with soy sauce and ginger.

Chicken Raised without Antibiotics

Nutrition Facts			
Serving size		1 container	
Calories	290	150	
	% Daily Value*	% Daily Value*	
Total Fat	7g 9%	6g 8%	
Saturated Fat	1.5g 8%	1.5g 8%	
Trans Fat	0g	0g	
Cholesterol	35mg 12%	35mg 12%	
Sodium	780mg 34%	640mg 28%	
Total Carbohydrate	40g 15%	9g 3%	
Dietary Fiber	4g 14%	2g 7%	
Total Sugars	4g	3g	
Includes Added Sugars	1g 2%	1g 2%	
Protein	18g	13g	
Vitamin D	0mcg 0%	0mcg 0%	
Calcium	43mg 4%	36mg 2%	
Iron	1mg 6%	1mg 6%	
Potassium	518mg 10%	504mg 10%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chicken Broth Bowl (Chicken Broth, Chicken Raised Without Antibiotics (White & Dark Chicken Meat, Water, Rice Starch, Salt), Shiitake Mushroom, Onions, Celery, Scallions, Contains 2% or less of: Bok Choy, Garlic, Chicken Fat, Carrots, Ginger Puree, Organic Soy Sauce (Water, Organic Soybeans, Salt), Sesame Oil, Brown Sugar, Sea Salt, Acacia & Xanthan Gum, Onion Powder, Garlic Powder, Nisin Preparation, Spices) and Ramen Noodles (Water, Wheat Flour, Modified Tapioca Starch, Salt, Wheat Gluten, Lactic Acid).

CONTAINS: Soy and Wheat.

Shelf Life: 60 days from manufacture

Pack Size: 6/13 oz

HI-TI: 5/21

Bowl LxWxH: 6 x 6 x 2.4"

Sleeve LxWxH: 6 x 6 x 2.8"

Case LxWxH: 12.32 x 6.45 x 8.64"

Net Weight: 4.875 lbs

Tare Weight: 1.60 lbs

Gross Weight: 6.475 lbs

Cube: 0.37