

ITEM#: 52904

BLOUNT FINE FOODS

ITEM UPC: 0-77958-52904-4

CASE UPC: 100-77958-52904-1

[Blount Clam Shack]

Gumbo with Uncured Sausage,
White Meat Chicken & Shrimp

[RETAIL CUP]



Hearty chunks of chicken, tender shrimp, savory uncured sausage, long grain rice, vegetables and spices make this a land- lover’s favorite.

24 oz Microwaveable Cups

Chicken Raised Without Antibiotics

Nutrition Facts

About 3 servings per container

Serving size 1 cup (245g)

	Per serving		Per container	
Calories	170		480	
	% Daily Value*		% Daily Value*	
Total Fat	8g	10%	23g	29%
Saturated Fat	2g	10%	6g	30%
Trans Fat	0g		0g	
Cholesterol	45mg	15%	120mg	40%
Sodium	840mg	37%	2320mg	101%
Total Carbohydrate	17g	6%	47g	17%
Dietary Fiber	2g	7%	5g	18%
Total Sugars	3g		8g	
Includes Added Sugars	0g	0%	1g	2%
Protein	9g		26g	
Vitamin D	0mcg	0%	0.1mcg	0%
Calcium	70mg	6%	200mg	15%
Iron	1.4mg	8%	4mg	20%
Potassium	290mg	6%	810mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Tomatoes, Okra, Uncured Chourico Sausage With No Added Nitrites or Nitrates Except Naturally Occurring Nitrates in Sea Salt and Celery Powder (Pork, Water, Spices, Sea Salt, Red Vinegar, Vinegar, Cultured Celery Powder [Celery Powder, Sea Salt]), White Meat Chicken Raised Without Antibiotics, Shrimp, Green Bell Peppers, Onions, Celery, Enriched Long Grain Parboiled Rice (Long Grain Parboiled Rice, Calcium Carbonate, Iron Phosphate, Thiamine Mononitrate, Folic Acid), Contains 2% or less of: Butter (Cream, Salt), Modified Corn Starch, Wheat Flour, Garlic, Beef Stock Concentrate (Beef, Beef Stock), Natural Flavor, Onion Powder, Garlic Powder, Sugar, Yeast Extract, Xanthan Gum, Salt, Canola Oil, Dry Mustard, Nisin Preparation and Spices.

CONTAINS: Milk, Shellfish (Shrimp) and Wheat.

Case Configuration:	Pallet Information:	Case Dimensions:	Cup Dimensions:	Shelf Life:
Case Pack: 6/24 oz cups	HI/TI: 9/12	Length: 14.375"	Length: 4.6"	70 Days
Net Weight: 9 lb	Cases/Pallet: 108	Width: 9.750"	Width: 4.6"	from Manuf.
Gross Weight: 10.5 lb		Height: 4.750"	Height: 4.008"	
Case Cube: 0.55				



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