

ITEM #:31400
BLOUNT FINE FOODS

ITEM UPC: 0-77958-31400-8
 CASE UPC: 100-77958-31400-5

[Blount Fine Foods]
**Asian-Inspired
 Vegetable & Rice Bowl**

A creamy coconut curry broth with lemongrass and cilantro packed with Asian vegetables like cabbage and bamboo shoots.

Vegan
Gluten Free



[RETAIL BOWLS]

Nutrition Facts			
Serving size		1 container	
	Vegetable Bowl with Rice	Vegetable Bowl	
Calories	390	190	
	% Daily Value*	% Daily Value*	
Total Fat	15g 19%	11g	14%
Saturated Fat	8g 40%	7g	35%
Trans Fat	0g	0g	
Cholesterol	0mg 0%	0mg	0%
Sodium	590mg 26%	590mg	26%
Total Carbohydrate	58g 21%	19g	7%
Dietary Fiber	5g 18%	3g	11%
Total Sugars	7g	7g	
Includes Added Sugars	3g 6%	3g	6%
Protein	7g	3g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	64mg 4%	52mg	4%
Iron	2mg 10%	1mg	6%
Potassium	590mg 15%	478mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

INGREDIENTS: Asian Style Vegetable Broth (Water, Coconut Milk, Cabbage, Onions, Carrots, Celery, Kale, Bamboo Shoots, Contains 2% or less of: Tomato Paste, Ginger Puree, Massaman Curry Base [Tomato Puree, Canola Oil, Salt, Red Bell Pepper Puree, Lemongrass Puree, Raisin Puree, Garlic Powder, Spices, Natural Flavor, Corn Starch, Brown Sugar, Onion Powder, Turmeric], Lemongrass, Sugar, Garlic, Scallions, Cilantro, Sesame Oil, Lime Juice, Basil, Organic Canola Oil, Shichimi Togarashi [Dried Chiles, Sesame Seeds, Orange Peel, Salt, Granulated Nori Seaweed, Ginger Powder], Corn Starch, Yeast Extract, Nisin Preparation, Sea Salt, Spice) and Brown Rice (Water, Parboiled Brown Rice, Canola Oil, Salt).

CONTAINS: Coconut.

Shelf Life: 60 days from manufacture
Pack Size: 6/14 oz
HI-TI: 5/21
Bowl LxWxH: 6 x 6 x 2.4"
Sleeve LxWxH: 6 x 6 x 2.8"
Case LxWxH: 12.32 x 6.45 x 8.64"
Net Weight: 5.25 lbs
Tare Weight: 1.60 lbs
Gross Weight: 6.85 lbs
Cube: 0.37

